Three-year outcomes of uveal melanoma treated with intra-operative ultrasound-guided iodine-125 brachytherapy using custom-built eye plaques

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Abstract

Purpose: The aim of this study was to demonstrate that uveal melanoma (UM) treated with eye plaque brachytherapy (EPB) with intra-operative ultrasound (IOUS) guidance results in increased local control.

Material and methods: A retrospective study was conducted among 212 patients with 214 UM tumors treated by iodine-125 EPB with IOUS guidance from 2013 to 2019. 85 Gy was prescribed to tumor apical height or 5 mm from inner sclera, whichever was greater. Lesions were treated to 95% of 85 Gy at 2 mm margin from tumor edge. Local failure (LF), distant metastasis (DM), and radiation-related toxicity were recorded.

Results: Median tumor apical height was 3.3 mm. COMS stage was 90 small (42.1%), 81 medium (37.9%), and 43 large (20.1%). Most patients had gene expression profile (GEP) class available, with 119 (55.6%), 30 (14.0%), 55 (25.7%) cases classified as 1A, 1B, and 2, respectively. Median dose at apex for tumor height > 5 mm and \leq 5 mm was 85.0 Gy and 120.6 Gy, respectively. Outcomes data for 180 patients with over 12 months follow-up were reported. Mean follow-up was 37.3 months. Rates of LF and DM were 0.0% and 12.2%, respectively. Actuarial estimates of 5-year DM for class 1A, 1B, and 2 tumors were 2.5%, 0.0%, and 57.8%, respectively. 87 patients (48.3%) developed radiation-related toxicities

Conclusions: The excellent local control rate amongst lesions ranging across all sizes and GEP classes emphasizes the importance of image-guided brachytherapy with IOUS. We report favorable 5-year DM rates compared to established rates. Acceptable rate and severity of radiation-related toxicities were observed.

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Key words: uveal melanoma, plaque brachytherapy, image guidance.

Purpose

Uveal melanoma, although a rare sub-class representing less than 5% of all melanoma diagnoses, is the most common primary intra-ocular malignancy in adults. The incidence has remained stable since the 1970s, with age adjusted incidence at 5.2 per million and 2,000 new cases per year in the United States [1-3].

Episcleral plaque brachytherapy is the most common treatment modality in the United States. A collaborative ocular melanoma study (COMS) trial found no significant difference in survival rates for medium-sized choroidal melanomas treated with enucleation vs. iodine-125 (125 I) plaque brachytherapy, through 12 years of follow-up [4].

Another COMS trial reported a local recurrence rate of 10.3% at 5 years [5]. These findings established brachytherapy as an effective treatment option, with a major advantage over enucleation of globe preservation.

Local recurrence in uveal melanoma increases the risk of metastasis and disease-specific mortality [6, 7]. To this end, image-guided brachytherapy at the time of plaque placement has been investigated and cited to be important in helping to decrease local failure rates [8-11]. We report our single-institutional, three-year outcomes of episcleral plaque brachytherapy using eye physics ¹²⁵I plaques for treatment of choroidal melanoma. This study expands upon a previous early outcomes report, now with a larger

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patient cohort and longer follow-up [11]. We demonstrated that detailed plaque planning and image-guided brachytherapy with intra-operative ultrasound at time of plaque placement is associated with increased local control.

Material and methods

The methodology utilized is detailed in the related previous early outcomes report and summarized below [11].

Patients

This study was approved by our facility's institutional review board. Informed consent was obtained for experimentation with human subjects. Two-hundred twelve consecutive patients, with two-hundred fourteen uveal melanomas arising from the iris, ciliary body, and/or choroid, treated from January 2013 to December 2019, were included. Patients underwent comprehensive medical and ophthalmic evaluation, imaging to rule out distant disease, and fine needle aspiration biopsy to obtain genomic analysis, as previously described in the previous early outcomes report [11]. Baseline patients' characteristics were recorded, including age, gender, tumor location and size, biopsy details, gene expression profiling (GEP) classification, and tumor stage. All patients were treated with eye physics iodine-125 episcleral plaque brachytherapy.

Plaque design and placement

Design of customized eye plaque treatment plan, plaque selection, seed activity calculations and verification, and planar reconstructions in plaque simulator software (Eye Physics, LLC, Los Alamitos, CA, USA) as well as dosimetric analysis via retinal dose-area histogram, were conducted [12, 13]. The methodology was as described in the previous early outcomes report [11]. Between 2013 and 2019, the following versions of plaque simulator software were employed: 576, 6.1.8, 6.4.7, and 6.6.2.

For most patients, modeling was performed for at least three plaque models, and the best design and plan was chosen based on three factors: 1) minimizing radiation dose to critical structures, 2) keeping maximum scleral dose under 400 Gy, 3) ease of placement/avoidance of the need to disinsert extra-ocular muscles, for patient comfort. The radioactive plaque was placed using coordinates determined from plaque simulator, and with utilization of intra-operative ultrasonography with/ without additional intra-operative plaque localization via transillumination to verify appropriate plaque placement by a senior ophthalmic echographer. Plaques were adjusted intra-operatively whenever necessary. All surgeries were performed by one ocular oncologist, and all brachytherapy treatment plans were reviewed and approved by at least one radiation physicist, one radiation oncologist, one echographer, and one ocular oncologist.

Follow-up, endpoints, and statistical analysis

Follow-up examinations were conducted as described in the previous early outcomes report [11]. Data on local failure, distant metastases, adverse effects, and deaths were collected. Local failure was defined by intra-ocular tumor growth. Metastatic disease was defined by the first occurrence of metastatic disease by surveillance imaging. Local recurrence-free rate, distant metastasis-free rate, overall survival, and disease-specific survival were calculated using Kaplan-Meier method. Distant metastasis-free rate, overall survival, and disease-specific survival curves as stratified by GEP class were calculated by Kaplan-Meier method, and pair-wise log-rank test was used to compare survival curves. All statistics were calculated using SPSS Statistics software (IBM SPSS Statistics version 25, IBM Corporation, Chicago, IL, USA, 1989-2017).

Results

Patients, uveal melanoma, and treatment characteristics

Two hundred and twelve patients, and two hundred and fourteen tumors underwent ¹²⁵I plaque brachytherapy treatment. One patient initially presented with two uveal melanomas, one in each eye, which were treated by two eye plaques at separate times. Another patient presented with two primary uveal melanomas at separate times within the left eye; both were nevi originally and observed, as they grew larger and developed clinical features of melanoma. Table 1 reports baseline characteristics of the patients and tumors in the study. The median age at presentation was 63 years (range, 19-91 years). There were 96 female (45.3%) and 116 male (54.7%) patients in the study. 111 (51.9%) tumors were located in the left eyes.

211 of 214 lesions underwent biopsy via trans-vitreal or trans-scleral fine needle aspiration for GEP analysis. In all of these cases, ophthalmic pathologist reviewed the specimens in live time during surgery to confirm the presence of cells. Three patients opted not to undergo biopsy. According to GEP classification, 204 cases were successfully categorized: class 1A – 119 (55.6%), class 1B – 30 (14.0%), and class 2 – 55 (25.7%). Ten cases were not successfully classified: 6 cases with failure to amplify/ threshold for analysis not achieved, and 4 patients declined the test.

Tumor height at diagnosis ranged from 1.1 mm to 3.3 mm for iris lesions, and from 1.4 mm to 14.5 mm for choroid/ciliary body lesions, with overall median height of 3.4 mm. Basal diameter ranged from 2.0 mm to 5.5 mm for iris lesions, and from 4.5 mm to 20.5 mm for choroid/ciliary body lesions, with overall median diameter of 11.5 mm. Uveal melanoma was staged according to the American Joint Committee on Cancer 8th edition, and they were: 81 cases stage I (37.9%), 60 IIA (28.0%), 47 IIB (22.0%), 18 IIIA (7.9%), 8 IIIB (3.7%), 0 IIIC, and 1 IV case (0.5%). COMS stage was as follows: 90 small (42.1%), 81 medium (37.9%), and 43 large (20.1%). Median dose at apex for tumor height > 5 mm was 85.0 Gy, and 120.6 Gy for tumor height ≤ 5 mm. The mean percentage of tumor volume receiving the prescription dose was 99.9% (SD ±0.6%), with a range of 94.9-100.0%. The mean percentage of tumor +2 mm margin volume receiving the prescription dose was 96.8% (SD ±2.8%), with a range of 85.0-100.0%. 15.4% of plaques were re-positioned after

Table 1. Baseline characteristics of patients: tumor, treatment, and outcome

Patient characteristics $(n = 212*)$	n/value	%	
Ge <u>nder</u>			
Female	96	45.3	
Male	116	54.7	
Age at diagnosis			
Median	63	_	
Range	19-91	_	
Tumor characteristics $(n = 214*)$			
Laterality of affected eye			
OD	103	48.1	
OS	111	51.9	
Tumor apical height (mm)			
Mean ±SD	4.6 ±3.0	-	
Median	3.3	_	
Range	1-15	_	
≤ 2.5	70	32.7	
> 2-5	79	36.9	
> 5-10	51	23.8	
> 10	14	6.5	
Basal diameter (mm)			
Mean ±SD	11.5 ±3.2	_	
Median	11.5	_	
Range	2-21		
<u>≤</u> 8	33	15.4	
8-11	72	33.6	
11-16	93	43.5	
> 16	16	7.5	
AJCC ¹ staging			
Stage I	81	37.9	
Stage IIA	60	28.0	
Stage IIB	47	22.0	
Stage IIIA	17	7.9	
Stage IIIB	8	3.7	
Stage IIIC	0	0.0	
Stage IV	1	0.5	
COMS ² staging			
Small	90	42.1	
Medium	81	37.9	
Large	43	20.1	
Genetic class			
1A	119	55.6	
1B	30	14.0	
2	55	25.7	
N.A.	10	4.7	
Treatment characteristics ($n = 214^*$)			
Treatment dose (Gy)			
At height > 5 mm	85.0	_	
At height ≤ 5 mm	120.6	_	
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Patient characteristics (n = 212*)	n/value	%
% of tumor volume receiving prescrip-		
tion dose		
Mean ±SD	99.9% ±0.6%	_
Range	94.9-100%	
% tumor + 2 mm margin volume receiv-		
ing prescription dose		
Mean ±SD	96.8% ±2.8%	_
Range	85.0-100%	_
Plaque repositioning		
Number of plaques repositioned	33	15.4
Outcome characteristics ($n = 180^{**}$)		
Status		
Alive without disease	150	83.3
Alive with uveal melanoma	8	4.4
Dead of other or unknown cause	8	4.4
Dead of uveal melanoma	14	7.8
Follow-up by ocular oncology		
Mean (months)	37.3	-
Median (months)	30.8	-
Range (months)	12.2-96.3	-
Lost to follow-up	22	-
Local control rate	_	100.0
Distant metastasis	22	12.2
Site(s) of distant metastasis		
Liver	22	_
Lung	2	_
Bone	3	_
Spleen	1	_
Radiation-related toxicities		
Radiation retinopathy	85	47.2
Retinal vein occlusion	9	5.0
Serous retinal detachment	2	1.1
Vitreous hemorrhage	2	1.1
Optic neuropathy	1	0.6
Hypotony maculopathy	1	0.6
Radiation retinopathy (RR) factors ($n = 85$)	
Median time to RR (months)	24	-
Treated with anti-VEGF or trial	45	52.9
CTCAE ³ grade 1	33	_
CTCAE grade 2	13	_
CTCAE grade 3	18	_
CTCAE grade 4	21	_
CTCAE grade 5	0	

¹ 8th edition of the American Joint Committee on Cancer, ² Collaborative ocular melanoma study, ³ Common terminology criteria for adverse events, * One patient presented with two UMs: one OS and one OD treated at separate times. One patient presented with two UMs at separate times within OS, treated at separate times, **180 patients had at least 12 months follow-up, for which outcomes are reported

evaluation with intra-operative ultrasound guidance, to achieve satisfactory spatial coverage of the tumor.

Local recurrence, distant metastasis, and disease-specific survival

Outcomes data for 180 patients with at least 12 months follow-up were reported. In this subset of patients, the mean follow-up was 37.3 months and the median follow-up was 30.8 months (range, 12.2-96.3 months). 22 patients were lost to follow-up (defined as greater than one year since last assessment with exam). To date, no patients have experienced local recurrences.

Of patients with at least 12 months follow-up, 22 patients developed distant metastases after eye plaque treatment. Site of initial distant metastases was the liver in all 22 cases, with additionally lung (n = 2), bone (n = 3), or splenic (n = 1) sites of distant metastases. Of the 22 patients with distant metastatic disease, seventeen were GEP class 2, three were GEP class 1A, and two cases were without available classification (both with failure to amplify). Of the three patients with GEP class 1A who had

developed metastatic disease, one patient had a discriminant value below the analysis confidence level and had extra-scleral extension on examination at presentation (a clinical risk factor for metastasis). The presumption in this case was that the tissue submitted for analysis was likely necrotic with poor quality RNA. Another patient case was PRAME-positive, a result, which may indicate an increase in metastatic risk for class 1 uveal melanomas.

Of patients with at least 12 months follow-up, there were 22 deaths, with 14 deaths attributable to metastatic uveal melanoma.

To minimize bias introduced by patients lost to follow-up, we also reported local recurrence-free survival, distant metastasis-free survival (DMFS), overall survival (OS), and disease-specific survival (DSS) (Figure 1) for all patients excluding those lost to follow-up (i.e., greater than one year since last assessment, n = 174). Local control remained at 100.0%.

Distant metastasis-free survival, OS, and DSS curves stratified by GEP class are depicted in Figure 2. For comparison between GEP classes, cases in which GEP classi-

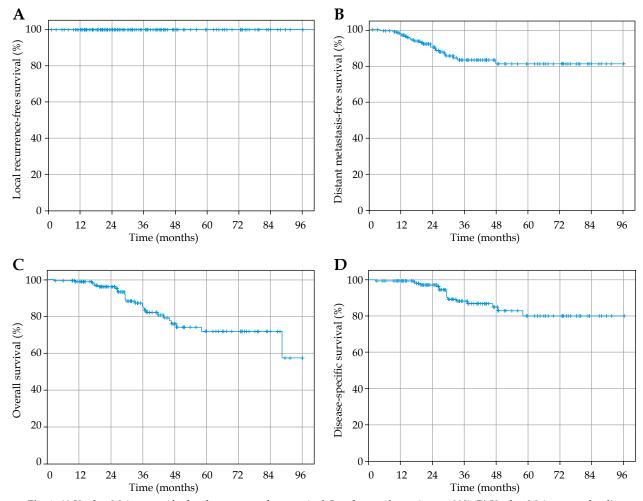
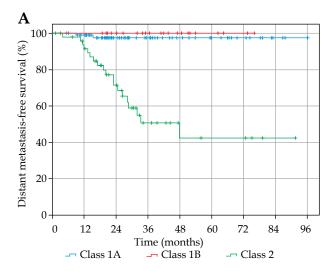
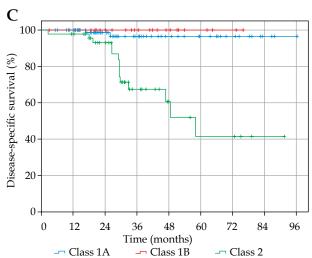


Fig. 1. A) Kaplan-Meier curve for local recurrence-free survival. Local control remains at 100%. **B)** Kaplan-Meier curve for distant metastasis-free survival. Distant metastasis-free survival rate was 97.0%, 90.4%, and 81.1% at 1 year, 2 years, and 5 years, respectively. **C)** Kaplan-Meier curve for overall survival. Overall survival was 98.8%, 96.10%, and 71.9% at 1 year, 2 years, and 5 years, respectively. **D)** Kaplan-Meier curve for disease-specific survival. Disease-specific survival was 99.4%, 97.3%, and 80.2% at 1 year, 2 years, and 5 years, respectively





fication was unavailable (7 of 174 cases) were excluded. Pair-wise comparisons using log-rank test between GEP classes are reported in Table 2. A p-value of ≤ 0.05 was considered to be statistically significant. There was a statistically significant difference in DMFS, OS, and DSS between GEP class 1A and 2 as well as between GEP class

Table 2. Pair-wise comparisons using log-rank test between gene expression profiling (GEP) classes for distant metastasis-free survival, overall survival, and disease-specific survival

	Pair-wise comparison	<i>P</i> -value
Distant metastasis- free survival	GEP class 1A vs. 1B	0.438
	GEP class 1A vs. 2	< 0.05 (<i>p</i> = 1.27 e-8)
	GEP class 1B vs. 2	< 0.05 (<i>p</i> = 1.22 e-4)
Overall survival	GEP class 1A vs. 1B	0.349
	GEP class 1A vs. 2	< 0.05 (<i>p</i> = 8.21 e-4)
	GEP class 1B vs. 2	< 0.05 (<i>p</i> = 2.97 e-3)
Disease-	GEP class 1A vs. 1B	0.392
specific survival	GEP class 1A vs. 2	< 0.05 (<i>p</i> = 1.40 e-5)
	GEP class 1B vs. 2	< 0.05 (<i>p</i> = 1.39 e-3)

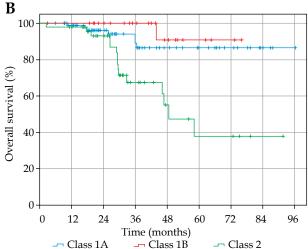


Fig. 2. A) Kaplan-Meier curve for distant metastasis-free survival (DMFS) according to GEP classification. DMFS at 1 year, 2 years, and 5 years for class 1A: 98.9%, 97.5%, and 97.5%, respectively. DMFS at 1 year, 2 years, and 5 years for class 1B: 100.0%, 100.0%, and 100.0%, respectively. DMFS at 1 year, 2 years, and 5 years for class 2: 91.4%, 71.5%, and 42.2%, respectively. B) Kaplan-Meier curve for overall survival (OS) according to GEP classification. OS at 1 year, 2 years, and 5 years for class 1A: 98.9%, 96.2%, and 86.5%, respectively. OS at 1 year, 2 years, and 5 years for class 1B: 100.0%, 100.0%, and 90.9%, respectively. OS at 1 year, 2 years, and 5 years for class 2: 98.0%, 93.2%, and 37.9%, respectively. C) Kaplan-Meier curve for disease-specific survival (DSS) according to GEP classification. DSS at 1 year, 2 years, and 5 years for class 1A: 100.0%, 96.5%, and 96.5%, respectively. DSS at 1 year, 2 years, and 5 years for class 1B: 100.0%, 100.0%, and 100.0%, respectively. DSS at 1 year, 2 years, and 5 years for class 2: 98.0%, 93.2%, and 41.6%, respectively

1B and 2. There was no significant difference between class 1A and 1B, with respect to DMFS, OS, and DSS.

Adverse effects

Two patients had undergone enucleation for blind, painful eye, one at 18 months and the other at 30 months post-plaque treatment. 87 patients developed radiation-related toxicities. In particular, 85 patients (47.2%) developed radiation retinopathy during the study period. According to the common terminology criteria for adverse events version 5.0, 33 retinopathy cases were grade 1 (asymptomatic), 13 were grade 2 (symptomatic with moderate decrease in visual acuity), 18 were grade 3 (symptomatic with marked decrease in visual acuity), and 21 cases were grade 4 (best corrected visual acuity of 20/200 or worse in affected eye). There were no hospitalizations or deaths as a result of adverse effects. Of the 85 patients who developed radiation retinopathy, 45 patients were treated with anti-vascular endothelial growth factor therapy in the context of a clinical trial. The median time to radiation retinopathy was 24 months. Other radiation-related toxicities were rare, and included retinal vein occlusion, serous retinal detachment, vitreous hemorrhage, optic neuropathy, and hypotony maculopathy.

Discussion

Previously, we reported on early outcomes of uveal melanoma for 48 patients treated with episcleral ¹²⁵I plaque brachytherapy, with 100% local control at a median follow-up of 21.6 months [11]. The present study not only included a larger patient population of 212 patients, but also reported local control rate of 100% at a longer mean follow-up of 37.3 months, with a low-rate of loss to follow-up (12.2%). Furthermore, this study involved a relatively high proportion of larger tumors (20.1% were classified large by COMS staging, vs. 6.3%). The excellent local control rate was likely attributable to utilization of 3 independent methods of plaque localization, such as 3D treatment planning, intra-operative transillumination, and intra-operative ultrasonography. These are described in detail in the early outcomes report [11].

Literature review for other studies utilizing intra-operative guidance for eye plaque placement

A limited number of reports in the literature describe the utilization of intra-operative ultrasound (IOU) guidance for eye plaque brachytherapy in uveal melanoma. Selected reports are summarized in Table 3.

Tabandeh *et al.* examined 117 patients with only COMS medium-sized tumors that were treated with ¹²⁵I episcleral plaque brachytherapy and intra-operative echo-graphic guidance. At a mean follow-up of 37 months, 1.7% of patients had local tumor recurrence and underwent enucleation [8].

Chang *et al.* reported on 150 patients treated with 125 I eye plaque brachytherapy, of which intra-operative ultrasound guidance identified the need to reposition 36% of plaques. They reported 100% local control, with a mean follow-up of 21.5 months. They concluded that

intra-operative ultrasonography reduces geographic errors, and may help to reduce local treatment failure in choroidal melanoma [9].

Badiyan *et al.* described outcomes of a cohort of 526 patients with posterior uveal melanoma treated with ¹²⁵I plaque brachytherapy using intra-operative ultrasonography, with supplemental transpupillary thermotherapy (TTT) for selected patients at high-risk for local recurrence. At mean follow-up of 53.4 months, they reported an actuarial 3-year and 5-year local control rate of 97.3% and 95.4%, respectively. They concluded that detection of plaque tilt by ultrasonography at plaque removal allows supplemental TTT to be used in patients at potentially higher risk for local recurrence [14].

Bellerive *et al.* examined patterns of recurrence in a cohort of 374 patients with posterior uveal melanoma treated with ¹²⁵I or ruthenium-106 (¹⁰⁶Ru) eye plaque brachytherapy. 316 cases incorporated intra-operative ultrasound guidance. Mean follow-up was 47 months. The study noted that 33.3%, 71.4%, and 90.5% of recurrence occurred within 1, 2, and 5 years post-treatment, respectively. They concluded that local recurrences were uncommon at 5 years after plaque brachytherapy [15].

Aziz *et al.* reported on their cohort of 252 patients treated with either ¹²⁵I or ¹⁰⁶Ru eye plaque brachytherapy. After incorporation of intra-operative ultrasound guidance in 2007 for 198 patients, they reported that their local recurrence rate decreased from 9.3% to 1.5%, concluding that intra-operative confirmation of plaque placement reduces risk of early local recurrence [10].

Literature review for long-term outcomes for uveal melanoma treated with ¹²⁵I eye plaque brachytherapy

Several reports in the literature report long-term outcomes for ¹²⁵I eye plaque brachytherapy for uveal

Table 3. Literature review. Selected studies of eye plaque brachytherapy for uveal melanoma utilizing intraoperative ultrasound (IOUS) guidance for plaque placement

Series	Brachytherapy modality	Institution	Study period	Patients	Follow-up (months)	Local control rate	Distant metastasis rate
Wong <i>et al.</i> (2022)	125	Houston Methodist Hospital	2013- 2019	180	Median: 30.8 Mean: 37.3 Range: 12.2-96.3	100.0%	12.2%
Aziz et al. (2017)	¹²⁵ I, ¹⁰⁶ Ru	Cleveland Clinic	2004- 2013	252 (198 with IOUS guidance)	Mean: 30.9	98.5%	N.R.
Bellerive et al. (2017)	¹²⁵ I, ¹⁰⁶ Ru	Cleveland Clinic	2004- 2014	374 (316 with IOUS guidance)	Median: 47.0 Range: 12.0-156.0	93.4% at 5 y (act)	N.R.
Badiyan et al. (2014)	125	Washington University SOM, St. Louis	1996- 2011	526	Median: 45.9 Mean: 53.4 Range: 6.0-175.0	97.3% at 3 y (act) 95.4% at 5 y (act)	N.R.
Chang et al. (2012)	¹²⁵	University of California, Los Angeles	2007- 2011	150	Mean: 21.5 Range: 6.0-48.0	100%	6%
Tabandeh et al. (2000)	125	University of Miami SOM	1992- 1998	117	Mean: 37.0 Range: 2.0-64.0	98.3%	0%

melanoma without utilization of intra-operative ultrasound guidance [16-30]. Selected reports are summarized in Table 4. Local control rates were reported in the range of 86.9-96% at 2-3 years, 80-98.3% at 5 years, and 93-94.4% at 8-10 years. This broad summarization of local control rates is limited by potential variation

amongst different studies by plaque placement methodology, radiotherapy planning, follow-up at reporting, and use of actuarial estimates. We report a local control rate at 100% with intra-operative ultrasound guidance at the time of plaque placement, with a mean follow-up of 37.3 months.

Table 4. Literature review. Selected studies reporting long-term outcomes for uveal melanoma treated with ¹²⁵I eye plaque brachytherapy

Series	Brachytherapy modality	Institution	Study date	Patients	Follow-up (months)	Local control rate	Distant metas- tasis rate
Le <i>et al</i> . (2018)	125	University of Southern California	1990- 2015	133	Median: 42.0 Range: 0.0-171.0	98.3% at 5 y (act)	10.3%
Miguel <i>et al</i> . (2018)	¹²⁵	Hospital Universitario de Valladolid, Spain	1996- 2016	243	Median: 73.9 Range: 3.0-202.0	96% at 3 y 94% at 5 y 93% at 10 y 73% at 15 y	N.R.
Wisely <i>et al.</i> (2016)	¹²⁵	Ohio State University	1994- 2009	113	Median: 65.5 Range: 2.0-180.0	93% at 5 y	N.R.
Wagner et al. (2014)	125	University of Utah	1996- 2011	107 (88 with follow-up data)	Median: 48.9 Range: 1.0-156.0	94% at 5 y 94% at 10 y	5% at 5 y 11% at 10 y
Correa <i>et al</i> . (2009)	125	Catalan Institute of Oncology, Spain	1996- 2004	120	Median: 50.4 Range: 3.2-100.7	95.3% at 2 y 88.4% at 5 y	-
Jensen <i>et al.</i> (2005)	125	Mayo Rochester	1986- 2000	156	Median: 74.0 Range: 7.0-225.0	92% at 5 y	10% at 5 y 27% at 10 y
Lumbroso- Le Rouic et al. (2004)	125	Institute Curie, Paris, France	1990- 2000	136	Median: 62.0 Range: 13.0-128.0	98.5%	4% at 5 y
Nag <i>et al</i> . (2003)	125	Ohio State University	1989- 1998	78	Median: 49.0 Range: 8.0-112.0	95%	N.R.
Jones <i>et al</i> . (2000)	¹²⁵	Medical College of Wisconsin	1987- 1994	63	Median: 36.0	86.9% at 3 y	N.R.
Sia <i>et al</i> . (2000)	125	Sir Charles Gairdner Hospital	1985- 1997	49	Mean: 39.5	80% at 5 y	N.R.
Quivey <i>et al.</i> (1996)	125	Wills Eye Hospital	1982- 1990	150	Median: 68.0	81% at 5 y (act)	N.R.
De Potter et al. (1996)	Mixed	Wills Eye Hospital	N.R.	93	Mean: 78.0	85% at 41 months	12% at 44 months
Quivey <i>et al</i> . (1993)	¹²⁵	University of California, San Francisco	1983- 1990	239	Mean: 35.9	82% at 5 y (act)	12% at 5 y (act)
Fontanesi et al. (1993)	125	University of Tennessee	1984- 1991	144	Median: 46.0 Range: 25.0-90.0	94.4% at 5 y and at 8 y	5.6%
Packer <i>et al.</i> (1992)	125	North Shore University Hospital – Cornell University Medical College	N.R.	64	Mean: 64.9	92.2% at 5 y	15.6% at 5 y 17.2% at 6 y

N.R. – not reported

Literature review on other treatment modalities (106Ru, 103Pd, proton, and particle therapy)

A few studies have compared 125 I to other isotopes in eye plaque brachytherapy for uveal melanoma with respect to outcomes and toxicities. Takiar *et al.* performed a comparative analysis of 125 I and 106 Ru, with actuarial 5-year local control at 83% for 125 I, and at 97% for 106 Ru. They concluded that both 125 I and 106 Ru eye plaque brachytherapy resulted in encouraging tumor control, and 106 Ru offers benefits with reduced toxicity in patients treated for uveal melanomas ≤ 5 mm in apical height [31]. Leonard *et al.* reported on their institutional experience treating uveal melanoma with 125 I, 106 Ru, and cesium-131 (131 Cs). In their extensive literature review, for which can be referenced, 5-year local control rate for 106 Ru averaged over five selected studies was 91.5%, and local control rate for 103 Pd averaged over two studies was 96.3% [32].

Proton and helium particle radiotherapy as modalities to treat uveal melanoma are also reported in the literature. Lin et al. examined a National Cancer Database in comparing proton beam radiotherapy vs. episcleral plaque brachytherapy, and found that 5-year local control rate for proton therapy ranged from 85% to 96%. They also concluded that proton beam radiotherapy reported inferior overall survival when compared to episcleral plaque brachytherapy, which was statistically significant [33]. Verma et al. sought to review outcomes of proton radiotherapy for uveal melanoma, drawn from 14 studies from 10 institutions. They found that 5-year local control rates exceeded 90%, which persisted at 10 and 15 years. They reported that the rate of retinopathy varied from 23% to 67%, and concluded that proton beam radiation can reduce ocular toxicities in patients with uveal melanoma [34]. Mishra et al. reported on a prospective trial comparing helium particle radiotherapy to plaque treatment. Local control for particle vs. plaque treatment was 100% vs. 84% at 5 years, and 98% vs. 79% at 12 years (p = 0.0006). They concluded that helium particle therapy resulted in significantly improved local control, eye preservation, and disease-free survival [35].

Radiation retinopathy rates

Radiation retinopathy incidence increases over time, and cumulative incidence at a specified time-point after eye plaque treatment was not reported in several studies. Our reported rate of radiation retinopathy of 47.2% is compared with values from the literature [16,18-21,23-25,29,31,36].

Limitations to this study include its' retrospective and non-comparative schema. In addition, follow-up duration was limited, and a longer study period is needed to strengthen the durability of finding of the high local control rate. In addition, a number of patients were lost to follow-up due to living far away from a tertiary referral center, which could potentially under-report local failures.

Nevertheless, several strengths of this study must be highlighted. There are a limited number of studies reporting on intra-operative image guidance for 125 I eye

plaque placement. To date, only one study has reported a local control rate as high as ours [9]. Our study is the largest (212 patients, 180 patients with at least 12 months of follow-up) and with the longest follow-up that reports a very high local control rate. Intra-operative image guidance is likely to contribute to accurate plaque placement, as evidenced by adequate coverage metrics (mean V₈₅ Gy of 96.8%) and image-guided repositioning utilized in almost 1 in 6 plaques. Other studies have reported utilizing intra-operative ultrasound to reposition plaques for uveal melanoma in 14-90% of cases, citing this technique as an important factor in minimizing treatment failure [8, 9, 37]. Additionally, a majority of lesions were biopsied (211) at time of plaque placement, and had good cytologic yield and genomics results (186, or 88% of biopsied lesions), a critical component of the modern approach to treatment. Another significant strength of this study is that the 100% local control rate was maintained for uveal melanomas spanning across different stages, sizes, and GEP classifications. 20.1% of the tumors were classified large by COMS staging, yet excellent local control was maintained; this contrasts with many published papers, which only included COMS medium-sized tumors. This can be attributable to several factors, including 3D planning, image guidance, and various choices of eye physics plaques that collectively provide a personalized plaque, based on size and shape of the tumors, location of critical structures, max sclera dose, and tumor coverage.

The GEP (gene expression profile) classification was developed to distinguish between uveal melanomas that have a low metastatic risk (class 1 tumors) vs. high metastatic risk (class 2 tumors) [38]. This classification has been validated as the strongest prognostic factor for metastasis, over TNM classification and the previous gold standard, chromosome 3 testing [39, 40]. The five-year risk of metastasis for class 1A, 1B, and 2 tumors, as cited by DecisionDx-UM test, is 2%, 21%, and 72%, respectively [41]. In comparison, in our patient cohort examining patients with follow-up within the last year, the five-year risk of metastasis for class 1A, 1B, and 2 tumors in this series was 2.5%, 0.0%, and 57.8%, respectively. It has been well-established for decades and from international multicenter studies that local recurrence in uveal melanoma significantly increases the risk of distant metastasis and disease-specific survival [6, 42]. Our study demonstrated a significant difference between GEP class 1 and class 2 lesions in DMFS, OS, and DSS, which suggested, as expected, that class 2 lesions are the drivers for worse outcomes in these metrics. Of note, our study showed that an excellent local control was maintained despite a relatively high proportion (25.7%) of GEP class 2 lesions consistent with the distribution of previously published large series. Furthermore, our study demonstrated a lower five-year risk of distant metastases for class 1B and class 2 lesions as compared to the established rates afore-mentioned. We postulate that the methodology utilized here may be able to eradicate locally aggressive disease prior to development of micro-metastases, particularly in smaller tumors or tumors in transition from a less aggressive genotype to a more aggressive one. Future work would include

longer follow-up of this cohort as well as a larger multicenter prospective evaluation of the effect of local control on metastases in different genomic sub-groups.

Conclusions

We report 0% local failure rate and favorable distant metastasis rate in uveal melanoma, with just 12% of patients lost to follow-up, in tumors ranging from small to large size, and with varying stages and GEP classes, who were treated with ¹²⁵I eye plaque brachytherapy using intra-operative ultrasound guidance, showing an acceptable rate and severity of radiation-related toxicities. While we are unable to definitively determine critical factors important for our excellent local control, the use of careful pre-operative planning and image-guided brachytherapy with intra-operative ultrasound at the time of plaque placement, may contributed to these outcomes. Longer follow-up is necessary to validate the reported local control rate.

Disclosure

Andrew J. Wong, Bin S. Teh, Brandon T. Nguyen, Ramiro Pino, Maria E. Bretana, and E. Brian Butler report no conflict of interest.

Eric H. Bernicker report grants or contracts from any entity, past 36 months: Merck; Participation on a Data Safety Monitoring Board or Advisory Board: DSMB MD Anderson.

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