Evaluation of the usefulness of laparoscopy in the diagnosis and treatment of adnexal pathologies in the pediatric population

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Abstract

Introduction: The current trend in adnexal surgery in children is to minimize the invasiveness of diagnostic and therapeutic procedures, reduce the number of complications and reduce the risk of infertility.

Aim: Evaluation of the usefulness and effectiveness of laparoscopy in diagnostics and treatment of pathological lesions of adnexa in the pediatric population and evaluation of the correlation of imaging with the intraoperative diagnosis during laparoscopy.

Material and methods: The study included 89 patients aged 0–18 years (mean: 12.62) who underwent an emergency or elective laparoscopic procedure due to the suspicion of adnexa pathology in the imaging tests or in which intraoperative pathology of the adnexa was found without previous suspicion of these changes in the imaging tests. Patients were divided into 2 groups according to the procedure (emergency or elective) and into 4 age groups.

Results: The most frequent postoperative diagnosis was an adnexal cyst and ovarian tumor. The ratio of malignant to benign lesions was 0.087. In 32.58% of patients appendix pathology was found. Coexistence of adnexa and appendix pathology was statistically significantly more frequent in patients undergoing emergency surgery (p = 0.013). There was no correlation between the size of the tumor or ovarian cyst and the occurrence of adnexal torsion, and no correlation between the size of the tumor and the degree of torsion of the adnexa. Three conversions were performed. The average operation time was 63.7 min.

Conclusions: Laparoscopic diagnosis and treatment of adnexal pathology seems to be safe due to the low percentage of perioperative complications. It shows high sensitivity in recognizing adnexal pathologies and other defects.

Key words: ovarian tumor, ovarian cyst, torsion of the ovary, pediatric gynecology, laparoscopy.

Introduction

The development of minimally invasive techniques has made them widely used in every field of surgery both as a diagnostic and therapeutic method. These procedures can be safely performed in elective and emergency situations. Laparoscopic diagnostic and diagnostic-therapeutic procedures in the field of adnexal pathologies in women are considered to be the standard in the treatment of benign ovarian lesions. An important advantage of

laparoscopy for this group of patients is related to the lower risk of postoperative adhesions, which translates into lower risk of infertility [1–3].

In pediatric surgical gynecology, the most important aspects include correct diagnosis and treatment of cysts and ovarian tumors, correction of congenital genital defects, diagnosis and treatment of endometriosis and treatment of ovarian torsion and/or fallopian tube [4]. Despite the availability of increasingly precise imaging methods (ultrasound, CT, MRI), in some cases laparoscopy is an excellent diagnostic

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tool. Moreover, it allows the diagnostic and therapeutic procedures to be carried out during the same surgical intervention [5].

The diagnosis of ovarian and fallopian tube pathologies in children is difficult and often delayed due to the occurrence of non-specific clinical symptoms characterized mainly by broadly defined abdominal pain. In pediatric gynecology, pain is most often observed in the area of the abdomen or pelvis, which is common on the one hand and very ambiguous on the other. It may be caused by torsion of the adnexa, cysts or tumors in the ovaries, pelvic inflammation syndrome, congenital defects, juvenile pregnancy, ectopic pregnancy, or endometriosis, and may indicate appendicitis or other gastrointestinal, endocrine or urological pathologies [6, 7].

Aim

The aim of this study is to evaluate the usefulness and effectiveness of laparoscopy in the diagnosis and treatment of adnexal pathologies in the pediatric population and to estimate the frequency and type of occurrence of adnexal lesions in girls, as well as to assess the correlation of imaging tests with the diagnosis found intraoperatively during laparoscopy.

Material and methods

The research method is a retrospective analysis of patients from infants up to 18 years of age operated with the laparoscopic method in the years 2010–2017. The inclusion criterion for the examination was a laparoscopic procedure performed because of a suspected ovarian or fallopian tube pathology demonstrated by imaging and intraoperatively found pathology of the ovary or fallopian tube without prior suspicion of an adnexal pathology in imaging.

The following medical histories were analyzed: history and physical examination forms, results of laboratory, microbiological and histopathological tests, imaging results, laparoscopic procedure protocols and general anaesthesia protocols, medical order cards, postoperative observation cards and records of the clinic.

In the first stage, medical records of patients were analyzed for initial diagnosis as a suspicion of adnexal pathology and surgical books for intraoperative diagnosis showing pathology of the ovary and/or fallopian tube.

In the second stage, based on the history of diseases in which the preoperative diagnosis occurred, the following data were collected: age, preliminary pre-operative diagnosis, results of interview and physical examination, laboratory results, imaging results, intraoperative and final diagnosis confirmed by histopathological examination, time of surgery, intraoperative and postoperative complications, follow-up of postoperative period, time of hospitalization.

The final analysis was carried out on 89 patients operated on with the laparoscopic method, in emergency or elective mode between 0 and 18 years of age (average age 12.62). All patients were divided into four age groups (Figure 1):

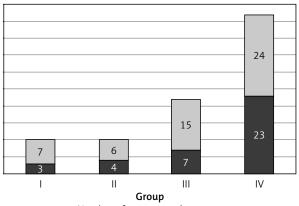
- group I children under 1 year old,
- group II children between 2 and 10 years old,
- group III children between 11 and 14 years old,
- group IV children between 15 and 18 years old.

Moreover, all patients, regardless of age, were divided into two main groups:

- group A patients undergoing emergency surgery (37 patients).
- group B patients with elective surgery (52 patients).

Results

In the analyzed group of 89 patients the most frequent indications for a laparoscopic procedure were suspected ovarian cyst in ultrasound (n = 33) and suspected ovarian tumor (n = 32) (Figures 2 and 3). The most common subjective symptom in



■ Number of emergency laparoscopy
■ Number of elective laparoscopy

Figure 1. Number of age groups including the number of emergency and elective laparoscopic procedures performed

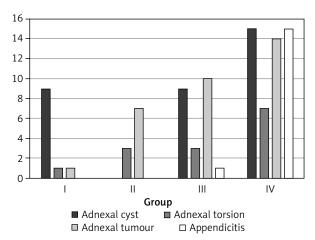


Figure 2. Types and number of indications in each age group

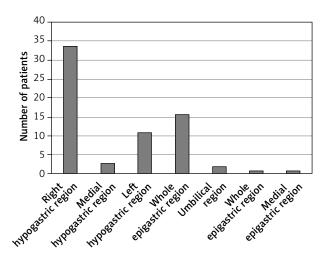


Figure 4. Location of pain in the examined group of patients

the study group was right abdominal pain (Figure 4). Transabdominal ultrasonography was used as the basic diagnostic tool in all 89 patients. Additionally, in 14 patients magnetic resonance imaging (MRI)

Table I. Types of ovarian pathology in patients operated on because of suspected appendicitis

Type of adnexal pathology	Group III	Group IV
Teratoma maturum		2
Ovarian cyst		6
Ruptured cyst		5
Multi-cyst ovary		2
Periovarian cyst	1	

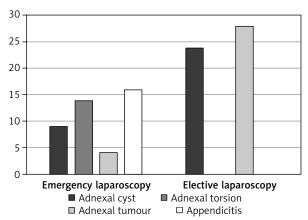


Figure 3. Types and number of indications for emergency and elective laparoscopy

was performed as an extension of the diagnosis and 8 patients were diagnosed with computed tomography. In the case of suspected neoplastic lesion, large size or irregular morphology of cysts, tumor markers including $\beta\text{-hCG},~\alpha\text{-fetoprotein},~\text{CA125}$ and lactate dehydrogenase (LDH) were examined.

The most common postoperative diagnosis was an adnexal cyst, i.e. 70.79% (n=63). The second most frequent pathology of adnexa was ovarian tumor 28.01% (n=25) with a significant prevalence of benign lesions (n=23). The most numerous group of benign lesions was related to the mature teratoma (n=20). In two cases malignant lesions were found: juvenile granulosa cell tumor and mixed tumor, whose main tissue was sex cord tumors with annular tubules (SCTAT) with separate foci of juvenile granulosa cell tumor. The malignant to benign lesion ratio was 2:23 (0.087).

In 32.58% (n = 29) of operated patients appendix pathology was found. Unsuspected appendix pathology was significantly more frequent in emergency than elective laparoscopy (p = 0.013). In patients who underwent emergency laparoscopy because of suspected appendicitis, the most common pathology of adnexa was a cyst (n = 14) (Table I). On the other hand, in 13 (14.61%) patients operated on due to adnexal pathology suspicion, appendix pathology coexisted (Figure 5). In addition to adnexa and appendix pathology, laparoscopy showed the presence of such pathologies as tipped uterus, adhesions, intestinal malrotation and the presence of Ladd's bands.

The total number of diagnoses was higher than the number of patients due to coexistence of adnexal and appendix pathologies, the occurrence of one or more adnexal pathologies in 1 patient or the occurrence of different pathologies on the right and left side (Tables II and III).

In group I, in 50% of cases the suspicion of adnexal pathology was raised during the prenatal period during routine ultrasound examination in pregnancy. In 3 cases intrauterine torsion of the adnexa was found. Due to macroscopic features of ovarian and/or fallopian tube necrosis, these structures were resected intraoperatively. In one case, the ovary and fallopian tube were auto-amputated during torsion of the ovary with a cyst. Histopathological examination confirmed benign changes in this group.

Group II revealed the highest percentage of adnexal torsion (70%). One patient at the age of 10 years had a malignant tumor: sex cord tumor with annular tubules (SCTAT) with separate foci of the juvenile granulosa cell tumor. This patient demonstrated a growing abdominal circumference with mass effect, and in the imaging studies a polycyclic cystic lesion filling the pelvis and abdominal cavity was described. Laboratory tests showed an elevated Ca-125 marker level (101.4 IU/ml). The tumor was resected according to an oncological protocol.

In group III, ovarian cysts dominated in the final diagnosis. In one of the 13-year-old patients a malignant neoplasm of juvenile granulosa type was found, which in computed tomography was described as a cystic tumor structure with a small solid component, probably derived from the right ovary, measuring $85 \times 175 \times 260$ mm, reaching the epigastric region and modelling the bladder. In laboratory tests

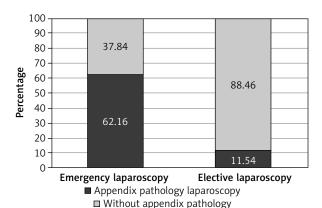


Figure 5. Prevalence of appendix pathology in final diagnosis in elective and emergency laparoscopy (p = 0.013)

only elevated LDH concentration (200 IU/ml) was observed, without elevation of other cancer markers.

In group IV, the ovarian cyst was most frequently found. In 23 patients, apart from ovarian pathology, appendix pathology was revealed. Twelve benign tumors were diagnosed, including ovarian serous cystadenofibroma (n = 2), ovarian seromucinous cystadenoma (n = 1) and mature teratoma (n = 9).

In 86 patients, surgical procedures were performed on the adnexa (Table IV). The most frequent procedure was cystectomy, which was performed in 49 patients. Cysto-ovariectomy was performed only in group I (n = 5) because of the cyst destroying healthy ovarian parenchyma, with no features of ovarian viability. Moreover, 8 scarifications and 2 marsupializations of adnexal cysts were performed. The second

Table II. Number of diagnoses in age groups I-IV and total number of diagnoses in the study group

Final diagnosis	Group I	Group II	Group III	Group IV	Total
Ovarian cyst	9	3	13	28	53
Periovarian cyst	0	0	2	8	10
Multi-cyst ovary	1	0	2	4	7
Ruptured cyst	0	0	1	10	11
Adnexal torsion	6	7	5	1	19
Teratoma maturum	0	3	8	9	20
Malignant cancer	0	1	1	0	2
Cystadenofibroma serosum	0	0	0	2	2
Cystadenoma serosum-mucinosum	0	0	0	1	1
Appendix pathology	0	3	3	23	29

Table III. Number of final diagnoses in the group of patients operated on in an emergency and elective procedure

Final diagnosis	Emergency laparoscopy (Group A)	Elective laparoscopy (Group B)
Ovarian cyst	30	23
Periovarian cyst	3	7
Multi-cyst ovary	3	4
Ruptured cyst	8	3
Adnexal torsion	10	9
Teratoma maturum	3	17
Malignant cancer	0	2
Cystadenofibroma serosum	0	2
Cystadenoma serosum- mucinosum	0	1
Appendix pathology	23	6

most frequently performed surgical procedure on the adnexa was tumorectomy (n = 15) leaving a healthy ovarian parenchyma. Tumoro-ovariectomy (n = 7)

was performed when the tumor caused complete destruction of the ovarian parenchyma, whereas tumoro-adnexectomy was performed because of the necrotic features of adnexa in the course of their torsion together with the tumor. Moreover, in the case of torsion of the adnexa, 8 torsional derotations, 6 ovarian biopsies in doubtful cases after derotation of the adnexa and 2 adnexectomies were performed due to the characteristics of ovarian and fallopian tube necrosis in the course of a torsion. One resection of the fallopian tube was performed due to the impossibility of separating from the fallopian tube the wall of the giant cyst after draining more than 3000 ml of liquid content from it.

Appendectomy was performed in 33 patients, of whom 29 had a histopathological examination confirming the pathology of the appendix. The average time of the procedure was 63.7 min. No iatrogenic complications or bleeding requiring intervention or blood transfusion were observed during the procedure. The average time of hospitalization was 4.34 days. No intraoperative or perioperative complications were observed. In the study material, out of 89 laparoscopic procedures, 3 conversions were performed: in 2 patients due to significant lesion

Table IV. Types of procedures in groups I-IV

Laparoscopic procedure	Group I	Group II	Group III	Group IV
Cystectomy (cyst resection)	4	1	14	30
Cysto-ovariectomy	5			
Tumoro-ovariectomy		2	2	3
Tumoro-adnexectomy			2	
Resection of the fallopian tube				1
Adnexectomy	1	2		
Tumorectomy		2	5	9
Torsion derotation	2	3	2	1
Collecting an ovarian specimen		2		4
Marsupialization			1	1
Scarification	1		2	5
Conversion	2			1
Additional incision			1	
Appendectomy		4	4	25
Release of Ladd's bands				1
Release of adhesions			1	4
Lymph nodes collection				1

size, in 1 due to equipment failure (fiber optic). In 2 cases additional incisions were made to evacuate the lesion of significant size (1 Pfannenstiel incision, 1 widening the incision at the point of introduction of the trocar with optics in the navel area).

Statistical analysis showed no correlation between the size of the tumor or ovarian cyst and torsion of the adnexa. It also showed no correlation between the size of the tumor and the severity of torsion of the ovary and/or fallopian tube. There were no significant statistical differences in cyst size depending on the age group.

In 41 cases of ovarian cysts, abdominal ultrasound examination performed before the procedure correlated with intraoperative and histopathological image. In 20 cases the result was false negative and in 13 cases false positive. Ultrasound sensitivity in terms of ovarian cyst diagnosis was 67.21% and specificity was 50%.

In 5 cases, ultrasound examination of the abdominal cavity performed before the procedure showed features of adnexa torsion, which were confirmed intraoperatively. In 5 cases, the ultrasound result for adnexa torsion was false positive and in 14 cases false negative. Ultrasound sensitivity to adnexal torsion is 26.32% and specificity 92.75%.

In 7 cases, the ultrasound examination of the abdominal cavity performed before the procedure showed features of appendicitis, which were confirmed intraoperatively and in histopathological examination. In 22 cases ultrasound did not detect features of appendix pathology – a false negative result. The sensitivity of ultrasound in relation to the diagnosis of appendix pathology is 24.15%, while the specificity is 100%.

Discussion

Although pathologies of the adnexa in children are rare, they cover a wide spectrum of lesions such as non-cancer ovarian cysts, twisted ovaries and benign and malignant neoplasms [8–10]. These pathologies often require surgical intervention. Laparoscopic procedures in pediatric gynecology, despite their slow acceptance, have now become a gold standard both as a diagnostic and therapeutic tool. They make it possible to limit invasive interventions, i.e. open access, to the necessary minimum.

In the analyzed material, an ovarian cyst was found in 59.55% of cases. In 49/89 cases cystecto-

my and in 5/89 cysto-ovariectomy were performed. In the pediatric population, the frequency of surgical intervention due to ovarian cyst varies between 17.1% and 43.6% of all laparoscopic procedures performed due to adnexal pathology [11–13]. This number may be underestimated due to the small amount of papers summarizing the number of laparoscopic procedures performed in pediatric gynecology. Small ovarian cysts are detected occasionally in 2-5% of children before puberty. The majority of these patients are newborns due to maintaining hormonal stimulation of the placenta or stimulation of maternal hormones [10, 11, 14]. Even greater detection of ovarian cysts (30%) occurs in female fetuses and is in fact disproportionately high given that 1 in 100,000 newborns has an ovarian cyst found. The decrease in the number of diagnoses results from spontaneous cyst involution at birth or from intrauterine ovarian torsion or immediately after birth [14]. Congenital ovarian cysts constituted 5.62% of our patients.

Laparoscopy is a useful diagnostic tool in cases of unspecified abdominal pain located in the lower abdomen and right iliac fossa, especially in the case of suspected appendicitis with no characteristic symptoms. It should be noted that the torsion of the ovary is more frequent on the right side at a 3:2 ratio to the opposite side. This is due to the presence of sigmoid in the left iliac fossa, which limits the mobility of adnexal structures, which reduces the risk of torsion on the left side [6, 15, 16]. The literature also describes cases of synchronous and asynchronous torsion of the adnexa on both sides [17, 18]. Patients with functional ovarian cysts or ruptured cysts may present acute abdominal symptoms, which are consistent with those of acute appendicitis [6]. In the study, 38.2% (n = 34) of pain cases were located in the right lower abdomen and the patients were qualified for surgery due to suspected acute appendicitis. On the other hand, 14.61% of patients operated on because of suspected adnexal pathology had coexisting adnexal pathology.

The incidence of ovary and/or fallopian tube torsion is estimated at 4.9 per 100,000 girls aged 1–20 years [19–21]. This represents about 3% of all cases of children with acute abdominal pain requiring emergency surgery [22].

In our material, torsions of ovaries were found in 21.35% (n = 19) of cases, of which 52.6% (n = 10) underwent an emergency operation. Only 5 patients were diagnosed with torsional traits by ul-

trasonography, whereas in 14 cases the result was false negative. In 5 other cases the ultrasound result for adnexal torsion was false positive. Although ultrasonography is the method of choice for the imaging of adnexal torsion, unfortunately, it is not a definitive diagnosis [20, 22]. Moreover, up to 60% of cases of torsion of the ovary are not detected during ultrasonography and the use of the Doppler function is of limited value due to the presence of double vascularization of the ovary, which makes it impossible to explicitly exclude torsion [23–27]. This often leads to delayed diagnosis and longer time from the first symptoms to surgery [28]. Therefore, it seems justified to use laparoscopy as a tool verifying the actual condition, providing unambiguous diagnosis and allowing the majority of procedures to be performed on the ovaries, such as derotation with or without oophoropexy, resection of a tumor or ovarian cyst, and additional procedures such as appendectomy [29].

In most cases, adnexal torsion coexists with an ovarian cyst or tumor (benign or malignant) [30]. There are also described cases of torsion without concurrent pathology occurring with the frequency from 16% to 67% [20, 31, 32]. In the analyzed material 21.05% (n = 4) of adnexal torsion occurred without additional ovarian pathology. There are also opinions that in the pediatric group, adnexal torsion without any concurrent pathology is more frequent than in adult women [22, 33-35]. This is caused by a relatively long fallopian tube and a longer mesentery of the ovary and fallopian tube in relation to the uterus or by venous congestion of the adnexa due to hormonal activity. Also, sudden acceleration or slowing down of body movements, strong vomiting and coughing, often occurring in this age group, may lead to increased pressure in the abdominal cavity and cause ovarian torsion [22, 33–35].

In the material studied, adnexal torsions were most commonly found secondary to an ovarian cyst (52.63%) or mature teratoma (26.32%), which also in the available literature are reported as the most common causes of adnexal torsion [6]. Adnexal torsions were not observed secondary to malignant ovarian tumors. This results from rarely occurring ovarian malignant lesions in the pediatric population [6]. In addition, malignant lesions are often accompanied by locally limited inflammatory and fibrotic lesions, which results in restrictions on the mobility of surrounding tissues [20, 36]. Only 0.5% to 8% of

adnexal torsions are secondary to malignant lesions [19, 37, 38].

Many authors believe that the size of a cyst or tumor is a predictive feature of adnexal torsion [30, 39]. The imaging revealing an enlarged ovary compared to the contralateral ovary or larger in comparison to the age-approved volume standards should arouse the suspicion of torsion [40, 41]. The ovary size greater than 5 cm has the highest diagnostic sensitivity for torsion [31]. The analysis, contrary to the literature data, did not show any correlation between the size of the tumor or cyst of the ovary and the occurrence of adnexal torsion.

It is considered that cysts larger than 5 cm not diminishing for a period of 3 months and not undergoing conservative treatment should be eligible for surgery in children. As mentioned above, a persistent large ovarian cyst increases the risk of its torsion, and can also have a destructive effect on the remaining ovarian parenchyma, disrupting its hormonal and reproductive function [5, 42]. The size of the cyst or tumor at present is not a limitation for laparoscopy and there is no clear answer in the literature as to what size of ovarian cyst should be considered a contraindication for laparoscopic surgery [43]. In the pediatric population, operating on giant cysts can, however, be a challenge due to the limited operational field and the risk of cyst rupture [44–46]. Ovarian cysts are traditionally labeled large when they are more than 5 cm, and giant or bulky when they are over 15 cm. In the pediatric population, cyst size is assessed based on its depth in the peritoneal cavity [47]. Some authors define a huge ovarian cyst as reaching the navel, which seems to be well justified in relation to the pediatric population [48, 49].

In the analyzed material, the largest cyst had a diameter of 29 cm. In computed tomography it was described as a limited fluid space filling the pelvis and abdominal cavity reaching the level of Th10, displacing the epigastric organs. During the procedure, cyst puncture was performed under the control of laparoscopy; it was resected with sparing of part of the ovarian parenchyma and evacuated from the abdominal cavity by an enlarged incision under the navel. Available reports describe several recognized methods of supplying giant ovarian cysts requiring decompression, which is necessary for laparoscopic resection: transdermal cyst drainage under ultrasound control, cyst decompression by mini-

laparotomy, and aspiration of cyst contents under laparoscopic control [44, 47, 50–52]. In some cases, evacuation of the cyst, despite decompression, can be difficult. Then removal of the resected cyst is possible by widening the incision of either the trocar access or suprapubic minilaparotomy. According to the literature, incisions not exceeding 5 cm made to evacuate a tumor or an organ completely excised are not conversions [53].

Giant cysts are usually benign. Before surgery, it is recommended that they be thoroughly diagnosed (diagnostic imaging, tumor markers) to initially exclude malignant lesions [47]. In one case, a 29 cm cyst turned out to be seromucinous cystadenoma - a very rare benign ovarian tumor, currently classified among serous-mucous tumors according to the WHO classification from 2014 [54]. It was previously included in ovarian mucous cystadenoma tumors, which constituted about 25% of the most common benign ovarian epithelial neoplasms alongside serous cystadenoma, constituting 75% of these tumors [55, 56]. The mucous subtype occurs mainly in middle-aged adult women and is extremely rare in children and adolescents, whereas seromucinous tumor is even rarer [57, 58]. In the available literature, two cases of seromucinous cystadenoma in the pediatric population have been described [59].

Ovarian tumors in pediatric patients are very rare and constitute only 1% of all tumors of pediatric age, and only 10% of them are malignant [6, 60-64]. In the analyzed material, malignant tumors accounted for 8% of the ovarian tumors. In women, the classical treatment of ovarian tumors involves the resection of the tumor with the ovary. However, due to possible fertility problems, ovary-saving surgery has become very popular [65]. In children operated on due to ovarian pathology, in order to maintain fertility, it is important to resect the tumor with the ovary while saving the ovarian parenchyma, especially bearing in mind the fact that most pathologies are benign lesions. In the material studied, 65 treatments were performed to save the ovarian parenchyma - 16 tumorectomies and 49 cystectomies. On the other hand, ovariectomy and adnexectomy were performed in the absence of visible healthy ovarian parenchyma or because of massive torsion and secondary necrotic lesions. Many authors recommend ovarian saving surgery in all children whose ovarian tumors have not been preoperatively diagnosed as malignant [66, 67]. In cases where the malignant tumor was postoperatively diagnosed, reoperation should be considered [67]. The size of a tumor does not affect the decision to perform the ovarian parenchyma-saving resection. Tumor removal while saving ovarian parenchyma is possible even with large tumors [68]. In the material under study, the largest resected lesion (29 cm) was benign, so the tumor size is not a sign of its potential malignancy [69]. The most common reason for ovarian resection with a tumor was no clear borderline between the lesion (tumor or cyst) and a healthy ovarian parenchyma. Similar observations can also be found in the reports of other authors [65]. In turn, Williamson et al. stated that the size of a teratoma during the resection is important. Their experience shows that it is easier to find the border between the ovary and the teratoma when the tumor is less than 8 cm. Due to the favorable prognosis of benign ovarian tumors, low relapse rate (0–4%), low risk of ovarian torsion in the future, and preservation of fertility and gonadal function, performing ovarian parenchyma-saving surgery seems to be an important aspect of surgical treatment of ovarian tumors in the pediatric population [36, 70]. Another factor in favor of laparoscopy is a lower risk of postoperative adhesions forming in the pelvis, which may be one of the causes of infertility [71]. Laparoscopic procedures have been demonstrated to cause fewer postoperative adhesions compared to open methods [1, 72, 73].

Due to the limited availability of gynecologists specializing in pediatric gynecology, the obligation of adnexal pathology surgery remains with pediatric surgeons. During laparoscopic surgery in young girls, first of all in pre-pubertal girls, the most important factor is awareness of the anatomical differences in the pelvic organs between young and adult women. First in children, the fallopian tube is relatively long, the uterus is smaller, and the position of the ovary is higher, which is the result of the underdeveloped connective tissue surrounding the ovary, which should support it [74]. Lower abdominal volume and flaccid abdominal wall are factors that increase the risk of laparoscopic procedures. The abdominal wall around the navel is thinner and the abdominal aorta is located directly below it; therefore damage to a large blood vessel is more likely in children when introducing the first trocar [75]. In addition, the upper margin of the bladder is in a higher position than in women, which carries a greater risk of bladder damage during insertion of the suprapubic port [2]. Close cooperation of the pediatric surgeon with the gynecologist and joint care of pediatric patients seem to be very important [76]. This model of care is also used in our center. There were no intraoperative complications in the analyzed material.

Conclusions

Laparoscopic diagnosis and treatment of adnexal pathology appears to be safe due to the low percentage of perioperative complications and high sensitivity in the diagnosis of not only the pathology of the ovary and fallopian tube, but also other abdominal and pelvic defects or diseases. However, the surgical treatment of adnexal pathologies in the pediatric population requires a unique and cautious approach with particular regard to maintaining gonadal function and fertility, as well as anatomical differences and physiological conditions of the pelvic organs of girls of different ages.

Conflict of interest

The authors declare no conflict of interest.

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